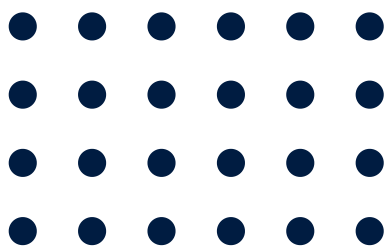
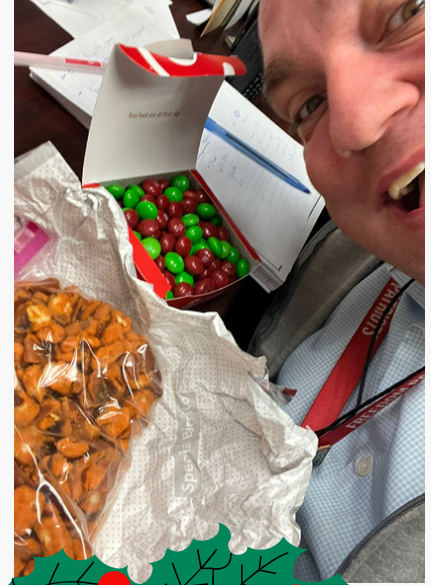


THIS IS OUR FREEDOM *Weekly Report*



**HONOR
EXCELLENCE
TRADITION**





GETTING INTO THE HOLIDAY SPIRIT



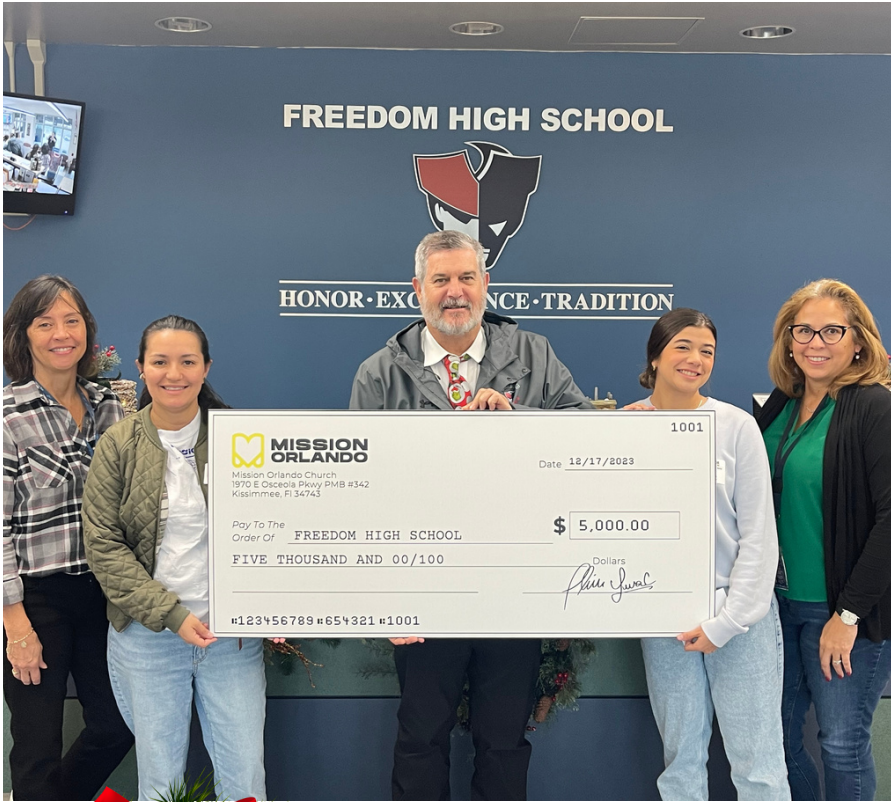


**HONOR
EXCELLENCE
TRADITION**

F R E E D O M H I G H S C H O O L

COMMUNITY CORNER

SPECIAL THANK YOU TO MISSION ORLANDO CHURCH



Thank you to Mission Orlando Church for your generous contribution to Freedom High School. We appreciate your support and are proud to have a partner like you to serve our community.

Gracias a Mission Orlando Church por su contribución a Freedom High School. Apreciamos su apoyo y estamos orgullosos de tenerlo para servir a nuestra comunidad.



Freedom Patriots, we have made it to the end of the first semester. I am so proud of each of you for your commitment to learning and your pursuit of excellence in and out of the classroom. We have accomplished a lot in these last five months, but I know that our best days are ahead. So as we look forward to 2024, I hope that you will continue to push yourselves to new heights and embrace the idea that you can always find ways to improve.

Before we dive into the new year, I hope that you will take these next few weeks to enjoy quality time with family and friends. The holidays are about sharing this time with the people who love you and support you. Use this time to make great memories, share wonderful experiences, and recharge yourselves for the journey ahead.

Teachers and Staff, we appreciate your dedication and service to our students and our community. I hope that you will enjoy this much-needed and well-deserved break.

On behalf of myself and our Admin Team, we wish you all a Happy Holidays and a Happy New Year!

Charles France

Principal, Freedom High School

WE ARE FREEDOM



**HONOR
EXCELLENCE
TRADITION**

UPCOMING EVENTS

UCF Application Deadline

UCF Applications are due by this date. For more information, check the info on the [College & Career Corner](#).

**22
DEC**

Winter Break: School Closed

School will be closed for the Winter Break from December 23rd through January 8th. School will resume on Tuesday, January 9th.

**23-08
DEC-JAN**

Taste of Freedom

We look forward to welcoming our future Patriots and families of all current 8th grade students who will be attending Freedom in 2024-2025. Learn about the academic programs offered, understand the Graduation requirements, and meet your Counselor. Taste of Freedom will be held from 5:30pm-7:00pm

**18
JAN**



407-816-5600



@OCPS_FreedomHS



FreedomHS.OCPS.net



MEET YOUR FINE ARTS DEPARTMENT



Angilyn Watson

Email: Angilyn.Watson@ocps.net

Q: What inspires you?

A: I am most inspired by the genuine creativity of my students. After learning the basics, they are often insightful and ready to add their own twist, making decisions and taking risks (and then problem solving). We learn in Paint 1 and CREATE in Paint 2. I call Paint 1 the work, and Paint 2 the fun! All of my students are discovering their talent. This year has been the best ever.



Matthew Brown

Email: Matthew.Brown2@ocps.net

Q: What accomplishment fills you with pride so far this year?

A: I'm so proud of the accomplishments my students have made this year, meeting the new and difficult challenges with creativity and determination. I'm especially proud of my students who struggle the hardest: those who start their projects over, and over, and over - because I know that they are the ones who are learning and growing most of all. Success doesn't come easy, and I see how hard my students work to achieve it. They may not know (or believe) it, but their teacher is very proud of them!



Brian-Marc Whittaker

Email: Brian-Marc.Whittaker@ocps.net

Q: In which other teacher's class would you like to enroll for a day?

A: Mr. Hellmund's science classes. I was a science teacher before coming to FHS and I still love science. His class looks fun and he's very knowledgeable!



407-816-5600



[OCPS_FreedomHS](https://www.instagram.com/OCPS_FreedomHS)



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HAPPY RETIREMENT NURSE MARIE JOSEPH

Nurse Marie Joseph has been a part of the Freedom High School staff since 2004 first as a paraprofessional and now in her present role as a Licensed Practical Nurse. Her impact here is immeasurable as she has helped countless students and staff with their everyday needs, medical emergencies, and even just being someone you can count on for support and encouragement.

Her favorite part of being a member of the Freedom family is being able to serve our students and being recognized for her exceptional care and service.

January 10th will mark her final day with us as she heads into the next chapter of her life. We celebrate her and congratulate her on 19 years of service to Freedom High School.



COACH KLINE IS OCPS DECEMBER HEALTHY HERO



Assistant principal, Maria Caliarì is grateful for the inspiration Coach Kristy Kline provides to students and staff at Freedom High School which is why she nominated her for the Healthy Hero award!

Caliari had this to say: Coach Kristy Kline has made a positive impact on the FHS community since the moment she stepped on campus. She jumped in to coach several of our athletic teams and has motivated our staff to get up and get moving. In collaboration, she has started two StepBet Challenges for staff to participate in. She has also led race teams for Freedom HS and wakes up at 4 a.m. to run before even coming to work in the morning. She is more than deserving to be recognized as a Healthy Hero.

Coach Kline is a teacher, head coach for boys'/girls' cross country teams, head coach for girls' weightlifting, and the assistant coach for girls' flag football. She shared her knowledge about obtaining a healthy lifestyle:

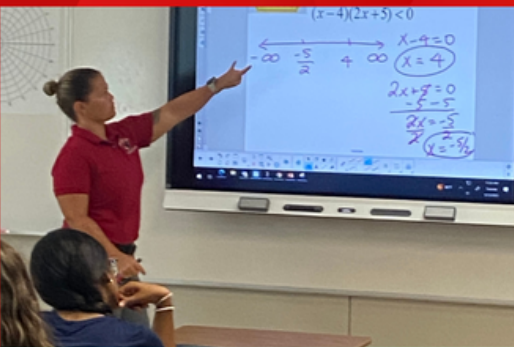
Working out is a lifestyle. A lot of work goes into a healthy lifestyle, including completing your schoolwork, getting enough sleep, eating right, and staying active. To start and maintain a healthy lifestyle, you must set realistic goals, get those initial wins, and continue working your way up. Don't start with a complete diet overhaul or training for a marathon. Instead, start with a single meal each day, maybe pack a healthy lunch M-F, or train to run a single mile. Create a routine around those goals, celebrate the accomplishments, and continue raising the bar. Remember, some days, you will not want to run or hit the gym; however, those days will test your willpower and commitment to a healthier lifestyle. Make an effort to ensure you go for a run, hit the gym, or go for the smaller piece of cake. Stay positive, and remember results will not happen overnight.

Kline credits the support of her husband, Coach John Kline, and family for making it possible to take on all of her professional and personal responsibilities and continue to focus on her health journey.

We salute Coach Kristy Kline as December's Healthy Hero.

Congratulations to Coach Kristy Kline for being named the December Healthy Hero in the OCPS December Benefits Bulletin - an internal newsletter for OCPS Faculty and Staff. She was recognized and nominated by Mrs. Caliarì for her commitment to her own health and wellness, and also encouraging physical fitness with our student-athletes.

In her nomination, Ms. Caliarì wrote: Coach Kristy Kline has made a positive impact on the FHS community since the moment she stepped on campus. She jumped in to coach several of our athletic teams and has motivated our staff to get up and get moving. In collaboration, she has started two StepBet Challenges for staff to participate in. She has also led race teams for Freedom HS and wakes up at 4am to run before even coming to work in the morning. She is more than deserving to be recognized as a Healthy Hero.



TASTE OF FREEDOM

THURSDAY | JANUARY 18
5:30-7:00

We look forward to welcoming our future Patriots and families of all current 8th grade students who will be attending Freedom in 2024-2025.

Learn about the academic programs offered, understand the Graduation requirements, and meet your Counselor.

Follow us on Social Media



@ocps_freedomhs



@freedomhighschool

CELEBRATE THE HOLIDAYS: FHS GUITAR ORCHESTRA PERFORMS FOR WKMG

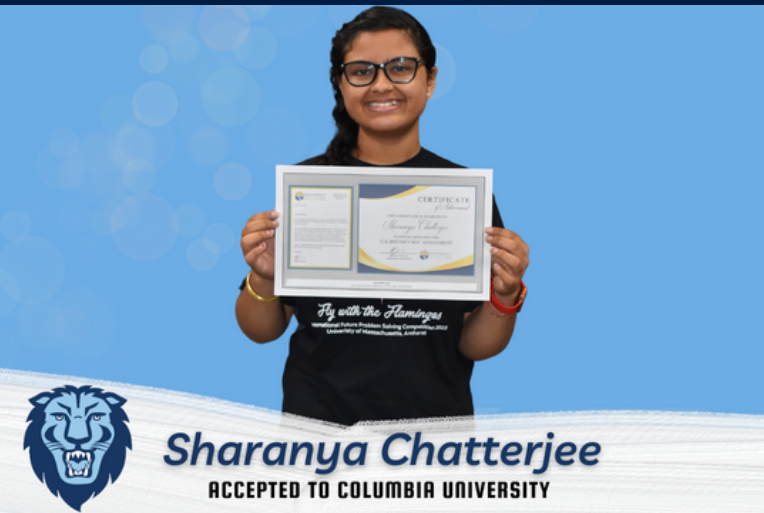
Remember to set your alarms or DVR to enjoy our very own FHS Guitar Orchestra as they perform holiday classics. They are one of the featured music ensembles to be aired on WKMG Channel 6 "Sounds of the Season" on Christmas morning, 12/25!

You can enjoy their performances between 6am-7am and 9am-10am.

Congratulations to our amazing guitar students!



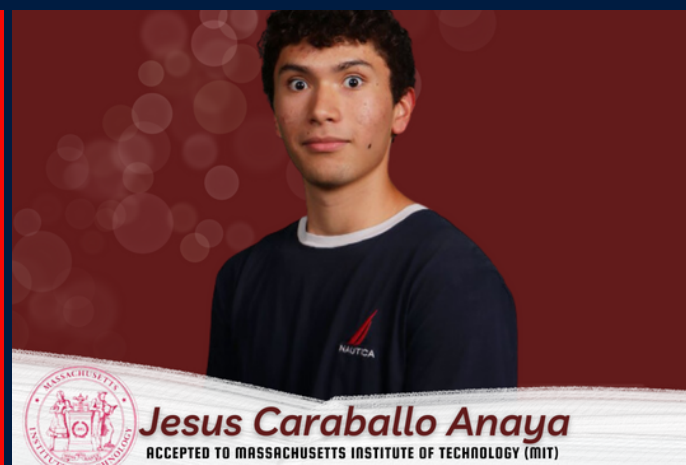
HARDWORK PAYS OFF: SHARANYA CHATTERJEE HEADED TO COLUMBIA

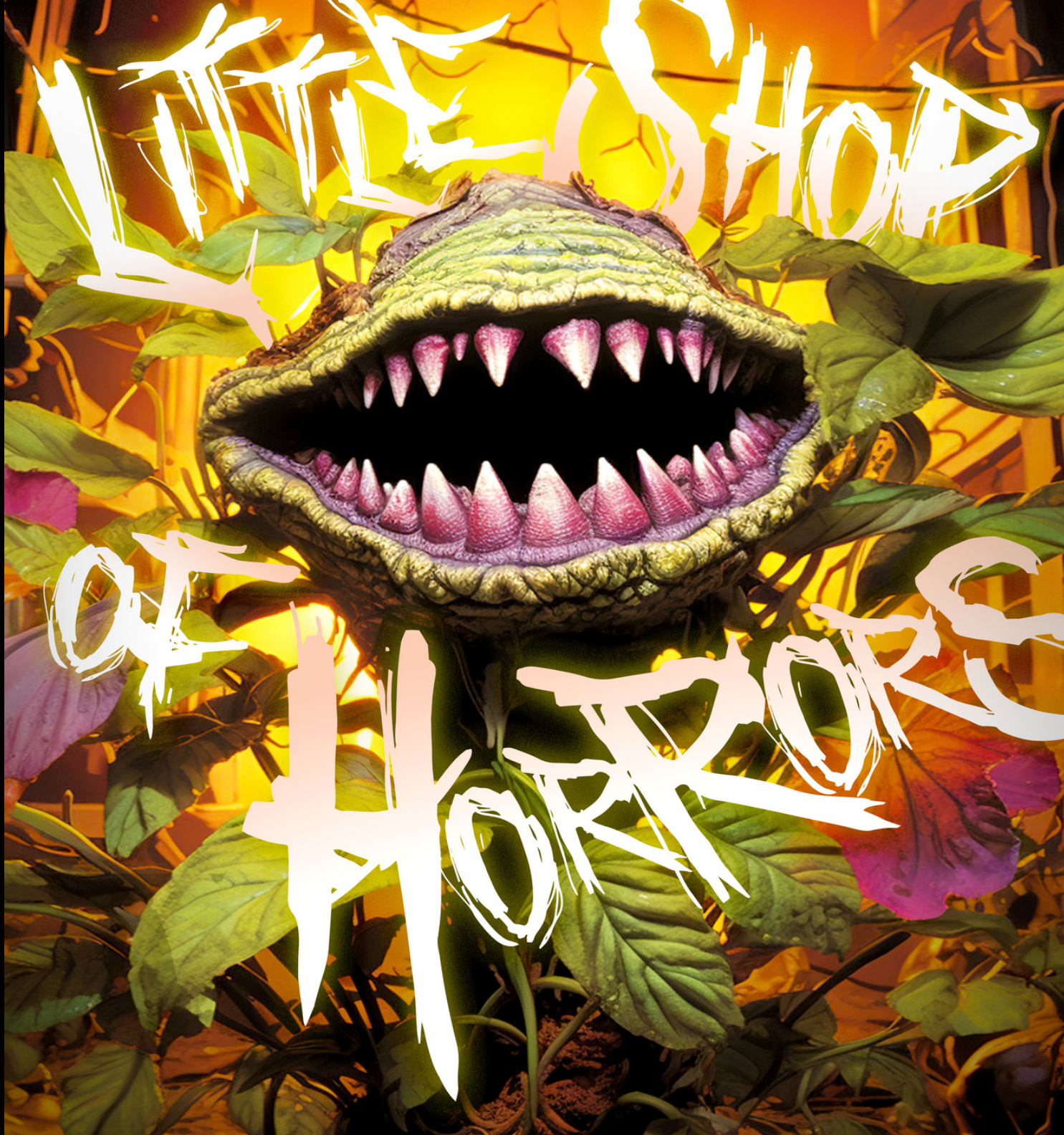


Congratulations to Freedom Senior Sharanya Chatterjee on her acceptance to Columbia University. Sharanya has built an incredible resume both through her academics and extracurriculars, and she has earned this honor. She also received an acceptance letter to MIT. Columbia is considered one of the top universities in the US, and this is a great accomplishment as Sharanya receives the distinction of being an OCPS Super Scholar for the class of 2024.

JESUS CARABALLO ANAYA IS HEADED TO M.I.T.

Congratulations to Freedom Senior Jesus Caraballo Anaya on his acceptance to the Massachusetts Institute of Technology (MIT). Jesus has worked tirelessly to maintain his academic success, and earn the opportunity to be among the first OCPS Super Scholars of the Class of 2024. We are so proud of Jesus, and share a special thank you to his family and teachers for their hard work in support of Jesus.





LITTLE SHOP OF HORRORS

FEBRUARY 1-3, 2024 @ 7:00PM
TICKETS ARE \$10 AT WWW.FHSBOXOFFICE.COM

THIS PRODUCTION CONTAINS
MATURE CONTENT

BOOK AND LYRICS BY **HOWARD ASHMAN** MUSIC BY **ALAN MENKEN**
BASED ON THE FILM BY **ROGER CORMAN**, SCREENPLAY BY **CHARLES GRIFFITH**
ORIGINALLY PRODUCED BY THE WPA THEATRE (KYLE RENICK, PRODUCING DIRECTOR)
ORIGINALLY PRODUCED AT THE ORPHEUM THEATRE, NEW YORK CITY BY THE WPA
THEATRE, DAVID GEFFEN, CAMERON MACKINTOSH, AND THE SHUBERT ORGANIZATION

DIRECTED BY **MATTHEW NASH-BROWN** MUSICAL DIRECTION BY **THOMAS DESMOND**

FREEDOM HIGH SCHOOL PERFORMING ARTS CENTER: 2500 WEST TAFT VINELAND ROAD ORLANDO, FL 32837

Little Shop of Horrors is presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI. www.mtishows.com

DANCIN' IN DECEMBER

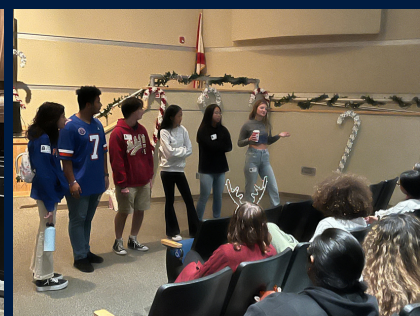
Congratulations to the Freedom Dance Company who hosted a special Winter Showcase last Friday, and put on an amazing performance.

The company performed a number of showstopping routines that left the audience on the edge of their seats.

Thank you to all of the performers involved in putting this show together, and to our director, Mr. Babb, for his tireless energy and efforts in leading this talented Dance Company to new heights.



FREEDOM ALUMNI RETURN HOME FOR AVID COLLEGE PANEL



Some familiar faces returned home on Tuesday, December 19th, for our AVID College Panel. This special event brings together Freedom High School Alumni to come and share about their college experience with our current AVID Scholars.

It is always a treat to see our graduates and find out how they are doing. We are extremely proud of each of our former Patriots and their accomplishments.



**HONOR
EXCELLENCE
TRADITION**



STUDENT LIFE AT FHS

HOUSE OF PATRIOTS

A campus organization and branch of SGA, that helps students obtain volunteer hours, through school events.

NEED HELP?

Sponsor: Ms. Amanda Read
Room 522
Contact:
Amanda.Read2@ocps.net

NEED HELP?

Instagram: fhs,houseofpatriots
Sign up to volunteer today:
www.volunteersignup.org/HBJLP

Need Help t-shirts (orange) are \$5 cash. Please wear these shirts only when volunteering for House of Patriots.

From 12/18 - 12/22



Come during both lunches to the media center and create ornaments with your Holiday traditions

23-24 ANNUAL LIP SYNC BATTLE

INTERESTED IN BATTLING ONE OF YOUR TEACHERS TO A LIP SYNC BATTLE? SIGN UP BELOW!



<https://tinyurl.com/LipSyncSignUp2324>

HOSTED BY COMPASS ACADEMY

THIS WEEK IN SPORTS

- 12.22 | JV Wrestling at East River | 12:00pm
- 12.22 | Wrestling at Falcon Invitational @ East River | 12:00pm
- 12.22 | Boys Basketball at Mater Brighton Lakes | 6pm (V)
- 12.22-12.23 | Girls Basketball at Cletus Stutzman Classic @ MDCA | TBD
- 12.28-12.30 | Girls Basketball at Chick-Fil-A Classic @ Bradenton Christian
- 01.03 | Boys Basketball at Pine Ridge | 6pm (JV) / 7:30 (V)
- 01.04 | Boys Basketball at Lake Weir | 6pm (JV) / 7:30 (V)
- 01.05 | Girls Basketball at Gateway | 1pm
- 01.05 | Girls Wrestling at Brouwer Invitational @ Winter Springs | 9:30am
- 01.05 | JV Wrestling at Brouwer Invitational @ Winter Springs | 1pm
- 01.05 | Girls Soccer at Celebration | 6pm (JV) / 7:30 (V)
- 01.06 | Wrestling at District Duals @ Lake Nona | 10am
- 01.08 | Boys Soccer at Celebration | 6pm (JV) / 7:30 (V)



Winter Sports

- Boys Basketball
- Girls Basketball
- Competition Cheer
- Girls Weightlifting
- Boys Soccer
- Girls Soccer
- Boys Wrestling
- Girls Wrestling
- Special Olympics Basketball

FOLLOW



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College & Career CORNER



UNIVERSITY OF CENTRAL FLORIDA

CLICK ON LINKS FOR MORE INFORMATION

APPLICATIONS DUE BY: December 22, 2023

Website: <https://www.ucf.edu/>

Application: [Common App](#) or [Apply UCF](#)

Are you planning on applying to UCF but haven't completed the application yet?

Do you want the best opportunity to be accepted to UCF?

Have you completed the UCF Portal?

(Link available in email after application is submitted.)

- SPARK
- Send Official SAT or ACT Scores
- Florida Residency
- Other Required Items



UCF Representatives recommend submitting your UCF application by December 22, 2023!

Need Assistance? Register for a date and time: <https://tinyurl.com/FreedomFAFSA>

FAFSA UPDATE FOR SENIORS + PARENTS:

All seniors and one parent should create the FSA ID, which serves as the electronic signature for the FAFSA.

<https://studentaid.gov/fsa-id/create-account/launch>

- The parent will use the same FSA ID for all children. If you need help recovering your FSA ID that was used with another child, call 1-800-433-3243.
- It takes 5 business days to process. Please create the FSA ID by 1/1/2024.

Register for a workshop:

<https://tinyurl.com/FreedomFAFSA>



FAFSA



- **FSA ID for Student & Parent**
- **FAFSA 2023-34** (Start College in Summer)
- **FAFSA 2024-25** (Start College in the Fall)

JANUARY WORKSHOPS

Tuesday, January 16th (6:00 - 8:00pm) in Media Center
Tuesday, January 23rd (6:00 - 8:00pm) in Media Center
Tuesday, January 30th (6:00 - 8:00pm) in Media Center



Must create an FSA ID before completing the FAFSA.

College & Career CORNER

NOW ACCEPTING NEW STUDENT APPLICATIONS!

The Valencia Horizon Scholars - Take Stock in Children Program is a scholarship, college readiness, and mentoring program in Orange County, Florida. Applications are open now through February 1, 2024 for eligible 9th graders & April 1, 2024 for eligible 8th grade students who are enthusiastic about pursuing their education after high school!

Apply now!



Students Receive:

- ✓ A Mentor
- ✓ A College Success Coach
- ✓ College & Career Readiness Resources
- ✓ Personal & Leadership Development
- ✓ A 2-year Florida Prepaid Scholarship that can be used at any public university, college, or vocational/technical school in Florida



Contact us at HorizonScholars@valenciacollege.edu or 407-582-3008

*Students must reside in Orange County & attend a public high school. OCVS & FLVS students are welcome to apply.

Orange Technical College SENIORS APPLY NOW!!

For Fall Admission

Website: <https://www.orangetechcollege.net/>

Apprenticeship Programs
Earn while you learn!

Career Certificates
Get certified & go to work!



Application:

<https://tinyurl.com/ApplyOTC>

Seniors Complete the interest form and an OTC team member will contact you with more information.

HS STUDENT Interest Form

Start now



BOYS STATE - JUNIORS

- BOYS STATE IS THE PREMIER YOUTH LEADERSHIP PROGRAM IN FLORIDA.
- THE AMERICAN LEGION BOYS STATE IS A SUMMER LEADERSHIP AND CITIZENSHIP PROGRAMS FOR HIGH SCHOOL JUNIORS, WHICH FOCUS ON EXPLORING THE MECHANICS OF AMERICAN GOVERNMENT AND POLITICS.
- IF YOU ARE INTERESTED IN MORE INFORMATION, EMAIL MRS. DOTSON: JILL.DOTSON@OCSP.NET



**HONOR
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TRADITION**

THE FREEDOM 4-1-1

CLICK ON THE IMAGES BELOW FOR MORE INFORMATION

- Anxious?
- Headache?
- Stressed?
- Allergies?
- Bullying?



Hazel can help!*

*Your child will not receive care without your consent



**988
SUICIDE
& CRISIS
LIFELINE**

If you or someone you know needs support now, call or text 988 or chat 988lifeline.org



Mobile Crisis SERVICES

When someone is in crisis, sometimes all he or she needs is a quick intervention to restore calm.

Mobile Crisis Services are available to anyone ages 0-24 located in Orange, Osceola or Seminole County at the time of crisis. A master level therapist will respond to homes, schools, or anywhere within the tri-county community, within 60 minutes to provide immediate on-site crisis stabilization. Crisis therapists also connect families with additional long-term services in order to maintain stabilization.

Services are FREE but parental consent is required
<https://bit.ly/MobileCrisisServices>

Helping Families Stay Together



Devereux FLORIDA
ADVANCED BEHAVIORAL HEALTH

DIAL 211
or 407-839-HELP

CLICK HERE TO READ THE LATEST ISSUE OF OUR STUDENT NEWSPAPER "FREEDOM PRESS"

FREEDOM PRESS

2 Weeks Until Winter Break!

December 11th, 2023 - Issue 8

MENTAL HEALTH MATTERS

CHRISTMAS CELEBRATION

ROOM 620
DECEMBER 15 AT 2:30

DISCUSS BURNOUT AND PACING YOURSELF

CELEBRATE THE END OF THE FIRST SEMESTER WITH GAMES, MUSIC, AND SNACKS!

Follow our instagram!
[@freedompressnews](https://www.instagram.com/freedompressnews)

Read more in "Mental Health Club Emerges at FHS!"



407-816-5600



[@OCPS_FreedomHS](https://www.instagram.com/OCPS_FreedomHS)



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